



2018-2019 CHEERpros DIVISIONS

ALL STAR CHEER DIVISIONS

CHEERpros Championships are a USASF sanctioned event. Cheer divisions offered this CHEERpros season include: Cheer Elite Club, select International, Prep, Novice, FUNdamental, and CheerAbilities. All CHEERpros events will follow the USASF guidelines — www.usasf.net

ALL STAR DANCE DIVISIONS

CHEERpros Championships are a USASF sanctioned event. Dance divisions offered this CHEERpros season include: Dance Elite, Dance Prep and DanceAbilities in the following categories: Pom, Jazz, Hip Hop, Contemporary/Lyrical, and Variety. All CHEERpros events will follow the USASF guidelines — www.usasf.net

SCHOOL CHEER DIVISIONS

DIVISIONS	MEMBERS	LEVELS
Elementary		Nov. Int. Adv.
Jr. High		Nov. Int. Adv.
CIF / Non -CIF Freshman		Nov. Int. Adv.
CIF / Non -CIF JV	Small (≤ 16)	Nov. Int. Adv.
CIF / Non -CIF JV	Large (17+)	Nov. Int. Adv.
CIF / Non -CIF Varsity	Small (≤ 12) (0 -1 males)	Nov. Int. Adv.
CIF / Non -CIF Varsity	Med.(13 -16)(0 -1 males)	Nov. Int. Adv.
CIF / Non -CIF Varsity	Large (13 -16)(0 -1 males)	Nov. Int. Adv.
CIF / Non -CIF Varsity	Super (21+)(0 -1 males)	Nov. Int. Adv.
CIF / Non -CIF JV/Var Co -Ed	2 + Males	Nov. Int. Adv.
Jr. High	Non-Tumbling	
CIF / Non -CIF JV	Non -Tumbling Nov. / Non -Tumbling Adv	
CIF / Non -CIF Varsity	Non -Tumbling Nov. / Non -Tumbling Adv	
CIF / Non -CIF Varsity Co -Ed	Non -Tumbling Nov. / Non -Tumbling Adv	
College All -Girl	No Males	2-Yr / 4 -Yr
College Co -Ed	1+ Males	2-Yr / 4 -Yr

SCHOOL DANCE DIVISIONS

**** JV & Var Pom & Jazz Div will be split according to size if applicable

DIVISIONS	LEVELS
Elementary / Jr. High	Pom / Jazz / Hip Hop
JV	Pom Nov / Pom Int / Pom Adv
JV	Jazz / Hip Hop
Varsity	Pom Nov / Pom Int / Pom Adv
Varsity	Jazz / Hip Hop
JV / Varsity	Pep Flag (1) / Pep Flags (2)
College	Pom / Jazz / Hip Hop

SIDELINE SPIRIT DIVISION

In our Sideline Spirit Division, teams will perform a traditional sideline cheer followed by one of the following: a sideline dance, fight song, or band routine. Teams can add a variety of specialties to the music portion of their performance including stunts and tumbling. A general, defensive, or offensive situation will be given to the team.

CHEER INDIVIDUAL / DANCE SOLO

All Cheer Individuals will compete in the maximum level or advanced level pertaining to their division.

DIVISIONS	TYPES
Tiny, Mini, Youth, Junior, Senior, Open	Cheer Individual or Dance Solo
Elem, Jr. High, Varsity, College	Cheer Individual or Dance Solo

STUNT GROUP / PARTNER STUNTS

All Stunt Groups/Partner Stunts will compete in the maximum level or advanced level.

DIVISIONS	TYPES
Junior	Stunt Group
Senior / Open	SG / PS
Jr. High	Stunt Group
Varsity / College	SG / PS

YOUTH REC. TEAM DIVISIONS

The age of the competitor as of August 1, 2018 will be the age used for competition purposes throughout the 2018-2019 season for all divisions.

Divisions	Age	YOUTH REC. TEAM SHOW CHEER DIVISIONS - 2:30 Max (may use all music)			YOUTH REC. TEAM DANCE DIVISIONS - 2:30 MAX	
		Show Cheer Levels		Non-tumbling/ Non-mount	Dance Type	Dance Type
Youth Div. 1	8 yrs & Younger	Novice	Intermediate	NON-TUMBLING/ NON-MOUNT	SONG / POM	HIP HOP
Youth Div. 2	10 yrs & Younger	Novice	Intermediate	NON-TUMBLING/ NON-MOUNT	SONG / POM	HIP HOP
Youth Div. 3	11 yrs & Younger	Novice	Intermediate	NON-TUMBLING/ NON-MOUNT	SONG / POM	HIP HOP
Youth Div. 4	12 yrs & Younger	Novice	Intermediate	NON-TUMBLING/ NON-MOUNT	SONG / POM	HIP HOP
Youth Div. 5	13 yrs & Younger	Novice	Intermediate	NON-TUMBLING/ NON-MOUNT	SONG / POM	HIP HOP
Youth Div. 6	15 yrs & Younger	Novice	Intermediate	NON-TUMBLING/ NON-MOUNT	SONG / POM	HIP HOP
Youth Div. 7	17 yrs & Younger		Intermediate	Advanced	SONG / POM	HIP HOP

CHEERpros reserves the right to add, delete, combine and/or split divisions in the interest of competition.