



TOSSES & MOTIONS/DANCE SCORING GRID

The following grid outlines the point ranges for specific sets performed by a MAJORITY of the team with a high level of perfection. Skills performed with LESS than a high level of perfection or by LESS than a majority of the team will move the score in a lower range.

	RANGE	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4	LEVEL 5
Tosses Difficulty & Ratio	4-6	No Tosses Allowed	1. Limited number of tosses executed 2. Most are sponge tosses 3. Less than 1/2 team participates	1. Limited number of tosses executed 2. Mostly straight rides 3. Less than 1/2 team participates	1. Limited tossed executed 2. Most are single trick tosses 3. Less than 1/2 team participates	1. Limited number of tosses executed 2. Most are single trick tosses 3. Less than 1/2 team participates
	7-8	No Tosses Allowed	1. Average number of tosses executed 2. Some are basket tosses 3. Most of team participates	1. Average number of tosses executed 2. Most are single trick tosses 3. Most of team participates	1. Average number of tosses executed 2. Most are single trick tosses showing flexibility & strength 3. Most of team participates	1. Average number of tosses executed 2. Most are double trick tosses and/or contain a single twist 3. Most of team participates
	9-10	No Tosses Allowed	1. Above average number tosses executed 2. Most are basket tosses 3. Multiple athletes in tosses and entire team participates	1. Above average number of tosses executed 2. Most are single trick tosses showing flexibility & strength 3. Multiple athletes in tosses and entire team participates	1. Above average number of tosses executed 2. Most are double trick tosses or contain a single twist 3. Multiple athletes in tosses and entire team participates	1. Above average number of tosses executed 2. Most are multi-trick & double twisting tosses 3. Multiple athletes in tosses and entire team participates
Execution	1-3 3-4 4-5	Below average technique, flexibility, perfection & synchronization Average technique, flexibility, perfection & synchronization Excellent technique, flexibility, perfection & synchronization * The deduction system will also determine the routine's overall execution and perfection by affecting the overall score.				
MOTIONS DANCE Difficulty & Ratio	4-6	1. Minimal level and/or formations changes, slow transitions , little to no footwork	1. Minimal level and/or formations changes, slow transitions , little to no footwork	1. Minimal level and/or formations changes, slow transitions , little to no footwork	1. Minimal level and/or formations changes, slow transitions , little to no footwork	1. Minimal level and/or formations changes, slow transitions , little to no footwork
	7-8	1. Moderate level and formations changes 2. Transitions include some footwork and body movement	1. Moderate level and formations changes 2. Transitions include some footwork and body movement	1. Moderate level and formations changes 2. Transitions include some footwork and body movement	1. Moderate level and formations changes 2. Transitions include some footwork and body movement	1. Moderate level and formations changes 2. Transitions include some footwork and body movement
	9-10	1. Multiple level and formation changes 2. Transitions are seamless with strong footwork and body movement	1. Multiple level and formation changes 2. Transitions are seamless with strong footwork and body movement	1. Multiple level and formation changes 2. Transitions are seamless with strong footwork and body movement	1. Multiple level and formation changes 2. Transitions are seamless with strong footwork and body movement	1. Multiple level and formation changes 2. Transitions are seamless with strong footwork and body movement
MOTIONS DANCE Execution	1-3 3-4 4-5	Below average rhythm, technique, perfection and synchronization. Lacks sharpness and performed at a slow pace. Average level of rhythm, technique, perfection and synchronization. Majority of the team is sharp and/or performed at a medium pace. Above average rhythm, technique, perfection and synchronization. Entire team is sharp and/or performed at a fast pace. * The deduction system will also determine the routine's overall execution and perfection by affecting the overall score.				